

EXPERIENCE SANTA FE 2026 FALL MEETING ONSITE GUIDE



TEXAS SOCIETY
of Medicine

2026 FALL MEETING
SANTA FE, NEW MEXICO
SEPT. 25 - 29, 2026
AT THE INN & SPA AT LORETTO

WWW.TEXASSOCIETYOFMEDICINE.ORG



@texassocietyofmedicine

LIKE & FOLLOW US!

EXECUTIVE COUNCIL 2026

PRESIDENT

Cheryl McDonald, MD
Fort Worth

VICE PRESIDENT

Ana Blackmon, MD
Houston

SECRETARY

Jason Ledbetter, MD
Fort Worth

TREASURER

Dina Goytia-Leos, MD
San Antonio

IMMEDIATE PAST PRESIDENT

Timothy Hernandez, MD
San Antonio

DISTRICT CHAIRS

- AUSTIN DISTRICT CHAIR: Sarah Smiley, MD
- HOUSTON DISTRICT CHAIR: J. Robert "Bob" Baker, MD
- FORT WORTH DISTRICT CHAIR: Shane Kennedy, MD
- DALLAS DISTRICT CO-CHAIRS: Rainer Khetan, MD and Jennifer Wells, MD
- SAN ANTONIO DISTRICT CHAIR: Dina Goytia-Leos, MD

TSM EXECUTIVE OFFICE

EXECUTIVE DIRECTOR: Laura Weiss
(laura@texassocietyofmedicine.org)

www.texassocietyofmedicine.org

Welcome to
SANTA FE
SEPT. 25-29, 2026



The Texas Society of Medicine is pleased to welcome you to the 2026 Fall Meeting in Santa Fe, New Mexico—a destination where medicine, culture, and connection come together in one of the most inspiring settings in the Southwest.

We are delighted to gather once again for several days of exceptional education, meaningful conversation, and time together as colleagues and friends. This meeting has always been about more than the clinical program, it is an opportunity to step away from the pace of daily practice, reconnect with one another, exchange ideas, and enjoy the fellowship that has long been at the heart of TSM.

This year's program brings together TSM members and distinguished faculty from the University of New Mexico School of Medicine for timely discussions across internal medicine and healthcare. We are grateful to Cheryl McDonald, MD, TSM President and 2026 Program Chair, for her leadership in developing a thoughtful and engaging educational experience for our members.

We also hope you will take time to enjoy all that Santa Fe offers throughout the week, from its remarkable culture and cuisine to the special experiences we have planned beyond the meeting room.

Thank you for being part of this year's Fall Meeting and, more importantly, for being part of the TSM community. We are grateful to have you with us and hope your time in Santa Fe is rewarding, enjoyable, and filled with meaningful moments.

Enjoy the meeting, and welcome to Santa Fe.



Where Medicine Meets the Spirit of Santa Fe.

IMPORTANT STATEMENTS



Continuing Medical Education (CME)

The Texas Society of Medicine is pleased to offer Continuing Medical Education (CME) credit for participation in the 2026 Fall Clinical Meeting. The following accreditation, designation, and credit information is provided for your reference.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Texas Medical Association and the Texas Society of Medicine. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION STATEMENT

The Texas Medical Association designates this live activity for a maximum of 9.75 AMA *PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOW TO OBTAIN YOUR CME

Visit the TMS website for the link to the TMA Knowledge Center to SELF-CLAIM your CME. The link will also be emailed to you after completing your post-meeting evaluation. Please allow 5-7 business days at the conclusion of the meeting for processing to be finalized.

ETHICS STATEMENT

The presentation, *Thieves Market: When Patients Diagnose Before Their Physician*, has been designated by Texas Medical Association for 1 credit(s) of education in medical ethics and/or professional responsibility.



2026 Fall Meeting **SCHEDULE** SEPT. 25-30, 2026



We are delighted to welcome you to the Texas Society of Medicine's 2026 Fall Meeting in Santa Fe. The following schedule provides an overview of the social activities and educational program offered during your time in Santa Fe.

FRIDAY, SEPT. 25, 2026

TIME	SOCIAL TOURS & ACTIVITIES IN SANTA FE - See pages 12-19 for full details.
8:45AM – 1:30PM	Private Georgia O'Keeffe Museum Tour, Downtown Walking Tour & Lunch at Santacafé
4:00PM – 6:15PM	Canyon Road Stroll (If you choose not to leave at 4PM, the walk to The Compound from the hotel is about 15 minutes.)
6:30PM – 8:30PM	Dinner at The Compound (Stroll back to hotel.)

SATURDAY, SEPT. 26, 2026

TIME	SOCIAL TOURS & ACTIVITIES IN SANTA FE - See pages 12-19 for full details.
9:00AM – 11:00AM	Native American Culinary Traditions Cooking Experience (Group leaves hotel at 9AM to walk to the cooking school.)
11:00AM – 3:00PM	VIP Grand Tasting - Santa Fe Wine & Chile Fiesta (Group leaves hotel or cooking school at 11AM to walk to the Grand Tasting.)
	Dinner on Your Own

SUNDAY, SEPT. 27, 2026

TIME	SOCIAL TOURS & ACTIVITIES IN SANTA FE & SEE WHO'S HERE
8:00AM – 3:00PM	Bandelier National Monument, Los Alamos & Bradbury Science Museum, with Lunch at Pajarito Brewpub (Bus departure at 8AM. Estimated return is 3PM.)
6:00PM - 8:00PM	See Who's Here - Penthouse Reception at the Inn & Spa at Loretto Hosted by Cheryl McDonald and Kevin Connelly

MONDAY, SEPT. 28, 2026 | FALL CLINICAL MEETING

TIME	CME	TITLE	LOCATION	SPEAKER
8:00AM – 4:00PM		REGISTRATION	PRE-FUNCTION	
8:00AM – 9:00AM		BREAKFAST & NETWORKING	BALLROOM	
8:00AM – 3:00PM		Spouse & Guest Social Activity: Abiquiú & Ghost Ranch Landscape Tour wtih Lunch at Abiquiú Inn		
8:55AM – 9:00AM		TSM PRESIDENT'S WELCOME	GENERAL SESSION	Cheryl McDonald, MD TSM President 2026 Program Chair
9:00AM – 9:30AM	:30	Project ECHO: How to Transform and Sustain Strong Health Systems	GENERAL SESSION	Andrea Zurawski, RN, MSN
9:30AM – 10:00AM	:30	Updates in Rheumatology	GENERAL SESSION	Suzanne Emil, MD
10:00AM – 10:30AM	:30	ICOPE / Vive Bien Live Well Mobile Health Application for Seniors	GENERAL SESSION	Giselle Rodriguez Mendez de Sosa, MD, FACP, MHIS
10:30AM – 11:00AM		BREAK & NETWORKING	PRE-FUNCTION	
11:00AM – 11:30PM	:30	Vaccination on Chronic Disease and the Impact of Shingles Disease on Dementia	GENERAL SESSION	Nestor Sosa, MD, FACP
11:30AM – 12:30PM	:60	Pandemic Preparedness and Viral Diversity	GENERAL SESSION	Bette Korber, PhD
12:30PM – 1:30PM		LUNCH	BALLROOM	
1:30PM – 2:30PM		TSM BUSINESS MEETING	GENERAL SESSION	Cheryl McDonald, MD TSM President 2026 Program Chair
2:30AM – 3:00PM	:30	Rural Kidney Care	GENERAL SESSION	Mark L. Unruh, MD, MS
3:00PM – 3:30PM	:30	Updates in Hantavirus	GENERAL SESSION	Steven Bradfute, PhD
3:30PM – 4:00PM	:30	Updates in Critical Care	GENERAL SESSION	James Dean, III, DO
4:00PM		ADJOURN FOR MONDAY		
5:00PM - 6:00PM		TSM HAPPY HOUR Tacos and Tequila (and Wine) Wrap up your day with friends and colleagues and join us for a little happy hour to start your evening in Santa Fe!	BALLROOM & GARDENS	
6:00PM		Dinner on Your Own		

TUESDAY, SEPT. 29, 2026 | FALL CLINICAL MEETING

TIME	CME	TITLE	LOCATION	SPEAKER
8:00AM – 3:00PM		REGISTRATION	PRE-FUNCTION	
8:00AM – 9:00AM		BREAKFAST & NETWORKING <i>Spouses & Guests Welcomed!</i>	BALLROOM	
8:55AM – 9:00AM		TSM PRESIDENT'S WELCOME	GENERAL SESSION	Cheryl McDonald, MD TSM President 2026 Program Chair
9:00AM – 9:30AM	:30	Nutrition in Medicine	GENERAL SESSION	Amy Robinson, MD
9:30AM – 10:30AM	:60	Narrative Medicine - Physician Wellness	GENERAL SESSION	Elizabeth "Liz" Lawrence, MD, FACP
10:30AM – 11:00AM		BREAK & NETWORKING	PRE-FUNCTION	
11:00AM – 11:30PM	:30	Metabolic Care	GENERAL SESSION	Darren Schmidt, MD
11:30AM – 12:00PM	:30	Preventive Cardiology: 'How to Live 100 Years'	GENERAL SESSION	Abinash Achrekar, MD, MPH
12:00PM – 1:30PM		LUNCH	BALLROOM	
1:30PM – 2:00PM	:30	Street Medicine	GENERAL SESSION	John Kavanaugh, MD, MS
2:00PM - 3:00PM	:60	Thieves Market: When Patients Diagnose Before Their Physician (Ethics)	GENERAL SESSION	David Scrase, MD, MHSA, MACP Annashia Shera, MS, MD
3:00PM – 3:30PM	:30	Healing Our Nation's Finest: The Ins and Outs of Caring for Veterans	GENERAL SESSION	Josh Hawley-Malloy, MD
3:30PM		ADJOURN		
TSM PRESIDENT'S DINNER & CELEBRATION TUESDAY, SEPT. 29 ~ 6PM - 10PM RSVP REQUIRED. ATTIRE: Southwest Chic <i>Join TSM friends as we toast an unforgettable weekend in the Land of Enchantment.</i>				
6:00PM - 7:00PM	President's Dinner & Celebration Reception		BALLROOM GARDENS	Cheryl McDonald, MD TSM President 2026 Program Chair
7:00PM – 10:00PM	President's Dinner & Celebration Evening		BALLROOM	

Additional Social Activities
SANTA FE
SEPT. 25-30, 2026



Join us on
FRI., SEPT. 25
AM

**AM ACTIVITY: Private Georgia O'Keeffe Museum Tour,
Downtown Walking Tour and Lunch at Santacafé**
(<https://www.okeeffemuseum.org/>) (<https://www.santacafe.com/>)

Experience the art, history, and charm of Santa Fe through a specially curated excursion designed exclusively for TSM attendees and guests. Enjoy a private docent-led tour of the renowned Georgia O'Keeffe Museum, offering an intimate look at the life, work, and legacy of one of America's most influential artists.

Following the museum visit, explore the heart of historic downtown Santa Fe on a guided walking tour featuring the city's rich cultural heritage, distinctive architecture, and vibrant traditions. The experience concludes with lunch at the celebrated Santacafé, one of Santa Fe's most beloved dining destinations.

SCHEDULE:

- 8:45am Depart hotel, walking with guides, to the museum
- 9:00am Arrive museum, private tour
- 10:00am Tour finishes, museum opens, free time for gift shop
- 10:15am Depart museum for Downtown Santa Fe Walking Tour (guided)
- 12:00pm Lunch at Santacafé
- 1:30pm Estimated finish time, guests depart when ready

Exact times subject to slight adjustment.

{Includes guides, private museum tour, lunch (table appetizers, choice of entrée and dessert) and all gratuities.}



Join us on
FRI. SEPT. 25
 PM

PM ACTIVITY: Canyon Road Stroll and Dinner at The Compound Restaurant (<https://compoundrestaurant.com/>)

Taking a stroll down Canyon Road is one of the most iconic experiences in Santa Fe, New Mexico. This picturesque, half-mile historic stretch features over 100 galleries, boutiques, and restaurants nestled inside authentic adobe buildings and lush sculpture gardens.

Enjoy a self-guided stroll down Canyon Road and round out the evening with a private dinner at The Compound Restaurant – home and creation of Mark Kiffin; a James Beard award Winning Chef, Best of the Southwest! The Compound is a cornerstone of the culinary landscape in Santa Fe, renowned for its distinctive style and elegance.

SCHEDULE:

- 4:00pm Guests depart hotel for a Canyon Road Stroll in beautiful Santa Fe
- 6:30pm Dinner at The Compound
- 8:30pm Estimated end time, guests walk back on own or Uber

{Dinner (3-course, dessert and \$50pp hosted beverages), with all service fees and gratuities.}



Art. Culture. Cuisine. Discovery.



Join us on
SAT., SEPT. 26
AM

AM ACTIVITY: Native Flavors of the Southwest: A Santa Fe Wine & Chile Fest Experience

(<https://santafeschoolofcooking.com/>) **Tickets are still available! Contact Laura for availability.**

Discover the rich culinary heritage of the Southwest through one of the Santa Fe Wine & Chile Fiesta's most distinctive and sought-after experiences. Hosted at the renowned Santa Fe School of Cooking, this immersive class is led by James Beard Award-winning chef Dr. Lois Ellen Frank and acclaimed Diné chef Walter Whitewater, two of the nation's foremost experts on Native American cuisine.

More than a cooking class, this experience offers a fascinating exploration of the ingredients, techniques, and traditions that have shaped the foods of the Southwest for centuries. Guests will learn about indigenous ingredients such as blue corn, hominy, squash, and chiles while discovering the cultural stories and history behind each dish.

Combining demonstration, hands-on participation, and tasting opportunities, the class culminates in a shared meal featuring authentic Native American flavors. From blue corn calabacitas and hominy stews to traditional tamales with red and green chile sauces, participants will enjoy a culinary experience that is both educational and delicious.

Exclusive to the Santa Fe Wine & Chile Fiesta, this unique program offers an opportunity to experience the region's culture through one of its most enduring traditions: food.

SCHEDULE:

9:00am Guests depart hotel
9:30am – 11am Enjoy the Santa Fe Native Cooking Class Experience

(Includes entrance to Santa Fe Wine & Chile's "Native Cooking Class"
at the Santa Fe School of Cooking, escort to school and all gratuities)

Art. Culture. Cuisine. Discovery.



SAT., SEPT. 26
PM

**PM ACTIVITY: VIP Entrance to
THE SANTA FE WINE & CHILE
FIESTA'S "GRAND TASTING"**

VIP TICKETS ARE STILL AVAILABLE! Contact Laura.

(<https://santafewineandchile.org/>)

THE SIGNATURE EVENT OF SANTA FE WINE & CHILE FIESTA

For more than three decades, the Santa Fe Wine & Chile Fiesta has celebrated the extraordinary culinary culture of Northern New Mexico. What began as a small gathering of local restaurants and wineries has evolved into one of the Southwest's most anticipated food and wine festivals, attracting thousands of culinary enthusiasts from across the country each year.

The Grand Tasting is the centerpiece of the Fiesta — an afternoon devoted to exceptional wines, celebrated chefs, and the distinctive flavors that have made Santa Fe one of America's most beloved culinary destinations.

Featuring more than 65 acclaimed restaurants and 90 world-class wineries, the Grand Tasting offers guests an unparalleled opportunity to sample, sip, and explore at their own pace while enjoying the beauty and energy of Santa Fe.

Continued on page 2...

EXPERIENCE THE GRAND TASTING

Saturday, September 26



EXCLUSIVE VIP ACCESS

As a VIP guest, you'll enjoy early entry beginning at 11:15 a.m., providing the opportunity to explore the tasting grounds before general admission and enjoy a more relaxed, intimate experience.

WHAT AWAITS YOU

World-Class Wines

Meet winery representatives from around the globe and sample an extraordinary selection of vintages thoughtfully curated by the Santa Fe Wine & Chile Fiesta team.

Santa Fe's Culinary Stars

From James Beard Award-winning chefs to beloved local restaurants, discover the creativity, talent, and flavors that have made Santa Fe one of the nation's premier culinary destinations.

A Celebration of Place

Set against the backdrop of New Mexico's stunning mountain landscapes, the Grand Tasting is more than a food and wine event—it's a celebration of the culture, hospitality, and spirit that define Santa Fe.

Included with VIP Admission

- ✓ Early VIP Entry
- ✓ Grand Tasting Admission
- ✓ Official Santa Fe Wine & Chile Fiesta Swag Bag
- ✓ Commemorative Poster Featuring the 2026 Fiesta Artwork Road Trip by acclaimed artist Jim Jennings (while supplies last.)

SCHEDULE:

- | | |
|---------|---|
| 11:00am | Depart walking from Loretto or cooking school |
| 11:15am | VIP entrance to Fort Marcy Field and the Festival |
| 3:00pm | End of festival, guests walk back to hotel on own |

(Includes escorts from cooking school and/or hotel and entrance to Santa Fe Wine & Chile's "Grand Tasting".)



Featured poster of the 2026 Wine & Chile Fiesta "Road Trip", by artist Jim Jennings. Get YOURS and join us at the Wine & Chile Festival!

Art. Culture. Cuisine. Discovery.



Explore

SUN, SEPT. 27
FULL DAY

FULL-DAY ACTIVITY: Bandelier National Monument, Los Alamos Tour, and Bradbury Science Museum, with Lunch at Pajarito Brewpub

(<https://www.nps.gov/band/index.htm>) (<https://www.lanl.gov/engage/bradbury>)
(<https://www.pajaritobrewpubandgrill.com/>)

Step into a day of discovery as we explore two of Northern New Mexico's most fascinating destinations. Our journey begins at Bandelier National Monument, where dramatic canyon landscapes, ancient cliff dwellings, and centuries-old petroglyphs offer a glimpse into the lives of the Ancestral Pueblo people who once called this remarkable region home.

From there, we'll travel to Los Alamos, a community renowned for its role in science, innovation, and the Manhattan Project. Explore the acclaimed Bradbury Science Museum, where interactive exhibits bring history, discovery, and technology to life. Along the way, enjoy the stunning mountain scenery of Northern New Mexico before gathering for lunch at local favorite Pajarito Brewpub.

Blending history, culture, science, and spectacular landscapes, this memorable excursion showcases the rich stories and unique character that make New Mexico unlike anywhere else.

SCHEDULE:

- 8:00am Depart hotel in busses with guides
- 9:00am Arrive Bandelier
- 11:00am Depart for lunch
- 11:30am Lunch at Pajarito Brewpub
- 1:30pm Depart for Los Alamos
Tour Bradbury Science Museum, Bathtub Row
- 3:00pm Depart for Santa Fe
- 4:00pm Estimated return to hotel

(Price includes transportation, guides, Bandelier entrance, science museum entry, lunch (1 main menu item and 1 beverage, including beer) and all gratuities.)

www.texassocietyofmedicine.org



Explore
MON., SEPT. 28
FULL DAY

FULL-DAY ACTIVITY - for Spouses/Partners & Guests: Abiquiu & Ghost Ranch Landscape Tour, with Lunch at Abiquiu Inn (<https://www.ghost ranch.org/>) (<https://www.abiquiuiinn.com/cafe>)

Experience the landscapes that inspired one of America's most celebrated artists on this unforgettable journey through the heart of Northern New Mexico. Travel to the enchanting village of Abiquiú and the spectacular red rock formations of Ghost Ranch, where Georgia O'Keeffe found the colors, shapes, and vistas that would define much of her iconic work.

Along the way, discover dramatic cliffs, sweeping desert panoramas, and the rugged beauty that has captivated artists, writers, photographers, and travelers for generations. Knowledgeable local guides will share the rich history, culture, and geology of the region, offering a deeper appreciation for this extraordinary corner of the Southwest.

The experience includes time to explore the stunning landscapes of Ghost Ranch and the surrounding Abiquiú area before gathering for lunch at the charming Abiquiú Inn, a beloved local destination known for its New Mexican hospitality and regional cuisine.

Whether you're an art enthusiast, nature lover, photographer, or simply looking to experience the beauty that inspired Georgia O'Keeffe, this excursion promises a memorable day filled with breathtaking scenery, fascinating stories, and the unique spirit of New Mexico.

SCHEDULE:

- 8:00am Depart hotel in bus with guide
- 9:00am Arrive Abiquiu OK Welcome Center
- 9:30am Depart for Ghost Ranch
- 10:00am Ghost Ranch Landscape Tour
- 12:00pm Depart for lunch in Abiquiu
- 12:30pm Lunch at Abiquiu Inn
- 2:00pm Depart for Santa Fe
- 3:00pm Estimated return to hotel

Exact times subject to slight adjustment.

(Includes transportation via minicoach, guide, entrance to Ghost Ranch and Landscape Tour, lunch (regular menu item and 1 beverage), and all gratuities.)

Art. Culture. Cuisine. Discovery.

EMPOWERING EDUCATION THROUGH GENEROSITY

Honoring Our 2025 Grant Partners

The 2026 Fall Clinical Meeting is strengthened by the generosity of partners who believe in the value of physician education, collaboration, and continued learning. TSM is grateful for their support and commitment to our members.



THE DR. CLARK R. GREGG FUND -

Texas Health Resources Foundation

TSM gratefully recognizes the Dr. Clark R. Gregg Fund of the Texas Health Resources Foundation for its generous support of the 2026 Fall Clinical Meeting.



This meaningful investment helps strengthen the educational experience for TSM members and supports the Society's continued commitment to high-quality programming, professional development, and physician connection. We are deeply grateful for this generosity and for the Fund's continued commitment to advancing medical education and supporting the work of TSM.



THE TSM FOUNDATION

Formerly the TCI Educational Foundation

Through the generosity of its donors and the continued commitment of TSM members, the TSM Foundation plays a vital role in advancing physician education across Texas.



As TSM's member-driven charitable foundation, its support helps make high-quality educational programming, professional development, and meaningful opportunities for connection and collaboration possible throughout the year. The Foundation's investment in the Society's mission is critical to the continued growth and success of TSM and the physicians it serves.



We are also pleased to share that the TSM Foundation name has now been officially approved, marking an exciting next chapter for the organization. Additional updates will follow as the transition continues.

SATURDAY EVENING DINNER DANCE

A signature tradition for TSM!

AN EVENING INSPIRED BY THE SPIRIT OF SANTA FE

Join colleagues and guests for a memorable evening celebrating the conclusion of the 2026 Fall Meeting in the Land of Enchantment.

Set against the timeless backdrop of Santa Fe, the Dinner Dance offers an opportunity to gather, reconnect, and reflect on a week filled with learning, discovery, and fellowship. Enjoy an exceptional dining experience, lively conversation, music, and dancing as we celebrate the friendships and professional relationships that make the Texas Society of Medicine so special.

Whether you're sharing stories from the week's excursions, raising a glass with longtime friends, or making new connections, this signature event promises an unforgettable evening of Southwestern charm, warm hospitality, and lasting memories.

Tuesday, September 29, 2026
Inn & Spa at Loretto, Santa Fe
Reception at 6pm
Dinner at 7pm ~ followed by dancing
Attire: Santa Fe Chic

Inspired by the colors and culture of New Mexico, guests are encouraged to embrace Southwestern style with turquoise, artisan silver, bold accessories, boots, and a touch of Santa Fe flair. Whether your style is casually elegant or distinctly Western-inspired, make the evening uniquely your own while celebrating the spirit, artistry, and beauty of the Southwest.

 **TSM** | TEXAS SOCIETY
OF MEDICINE

TSM 2027

Spring Meeting



LEARN. CONNECT. LEAD.



APRIL 2-4, 2027



DALLAS, TEXAS



DALLAS
• 1912 •



THE PREMIER PHYSICIAN EVENT OF THE SPRING

