





2025
FALL MEETING
OCTOBER 6-11

RITZ-CARLTON, MEXICO CITY TEXAS SOCIETY OF MEDICINE

(Formerly the Texas Club of Internists)

WWW.TEXASSOCIETYOFMEDICINE.COM

JOIN TSM FOR THE 2025 FALL MEETING AT THE RITZ-CARLTON, MEXICO CITY

The Texas Society of Medicine is proud to invite you to the 2025 Fall Clinical Meeting in Mexico City — our first meeting under our new name and vision for the future! This landmark gathering represents an exciting new chapter for our society, as we expand opportunities for education, collaboration, and connection.

Our program, curated by Timothy Hernandez, MD, TSM President and San Antonio District Chair, was shaped with honored Faculty and Precision Medicine Program Organizer, Gerardo Jiménez-Sánchez, MD, PhD (CEO, Genomica Medica – Founder, National Institute of Genomic Medicine {INMEGEN}). Together, they have built a world-class program highlighting genomics and precision medicine — education you won't find anywhere else.

Non-members are welcome to register and participate in both the meeting and the optional social tours, which include Teotihuacán, Xochimilco, the Frida Kahlo Museum, and more.

And don't miss the President's Dinner and Celebration – Mascarada de Muertos, a festive gala honoring TSM leadership with dinner, mariachis, and dancing late into the night. Please note: October is high season in Mexico City — book your room at The Ritz-Carlton by September 15 to secure the discounted rate and help TSM avoid attrition fees.

We are excited to share this historic moment with you. Together, let's launch the Texas Society of Medicine into its next century of growth, collaboration, and excellence!

— The Texas Society of Medicine

REGISTRATION DETAILS

IMPORTANT: Existing TSM members - your username is your email address. If you do not remember your username, if you have difficulty logging into your account, or if you need additional registration support, email laura@texassocietyofmedicine.org

REGISTRATION FEES

ATTENDEE TYPE	PRICING	
TSM Active Members	\$300	
TSM Emeritus Members	\$650	
TSM Member Spouse	\$650	
Non-Member	\$800	

SOCIAL TOURS ARE OPTIONAL WITH ADDITIONAL FEES PER DAY. SEE PAGE 4 FOR DETAILS AND FEES.



Register online at www.texassocietyofmedicine.org

IMPORTANT DEADLINES

Hotel Reservation Deadline.....SEPT. 15 Online Registration Deadline....SEPT. 22

QUESTIONS

Contact Laura Weiss, Executive Director
Laura@texassocietyofmedicine.org
Contact Clara Schlemeyer, Meeting Manager
Clara@athenallc.pro

REFUND POLICY: DEADLINE FOR REFUNDS IS SEPT. 25.

Refund requests can be submitted via email or mail. All refunds are subject to a \$25 processing fee. No-shows and registrations canceled during or after the meeting will not be refunded.

HOW TO OBTAIN YOUR CME

Additional instructions will be emailed to all attendees following the meeting on how to self-claim your CME through the Texas Medical Association and the Knowledge Center.

TSM 2025 FALL MEETING | OCTOBER 6-11 | REGISTRATION BROCHURE







HOTEL INFORMATION

Ritz-Carlton, Mexico City

Av. Paseo de la Reforma 509, Cuauhtémoc, 06500 Mexico City, CDMX, Mexico

https://www.ritzcarlton.com/en/hotels/mexrz-the-ritz-carlton-mexico-city/overview/

TSM'S SPECIAL GROUP NIGHTLY RATES

\$389 nightly rate (plus applicable taxes, fees, and required tips)

The hotel will also honor discounted rates for the 2 days prior and 2 days after our official meeting dates! When communicating with the hotel directly, please be sure to reference TCI - as our name change has not be completed at the hotel.

Link: https://www.marriott.com/event-reservations/reservation-link.mi? id=1745538706121&key=GRP&guestreslink2=true &app=resvlink

Check in: 4pm | Check out: 11am

HOTEL CUT OFF DATE: Mon., Sept. 15, or when the room block is full - whichever comes first!

FOR ADDITIONAL RESERVATION ASSISTANCE

If you need additional assistance with your reservation, if you want to add-on the Club Access amenity, or if you have other hotel requests, please contact Karla Romero, Ritz-Carlton Reservations Supervisor, at Karla.Romero@ritzcarlton.com

<u>AIR TRANSPORTATION</u>

Mexico City International Airport Benito Juárez (AICM)

VALID PASSPORT WILL BE REQUIRED FOR ENTRY INTO MEXICO - AND BACK INTO THE US!

TRAVEL TIP You can exchange your USD for pesos (MXN) at the Mexico City International Airport when you arrive - before you leave for the hotel.

GROUND TRANSPORTATION

TSM recommends coordinating your airport transfer to the hotel with MARITUR DMC. TSM has contracted with Maritur for TSM social tours and has confidence in their professionalism.

For Maritur DMC, contact Alberto Tlahuel, Maritur Sales Manager (atlahuel@maritur.com) to make your transfer arrangements. It is recommended to make your return reservation at the same time.

TRANSFER FEES can range anywhere from \$335 (for an 8 pax Private Van) to \$125 (for a 2 pax Private Sedan) one-way, plus gratuities and fees.

QUESTIONS OR CONCERNS?

We are here to help! Contact Laura Weiss, TSM Executive Director, at Laura@texassocietyofmedicine.org

TSM 2025 Fall Meeting - Ritz-Carlton Hotel, Mexico City

WEDNESDAY, OCTOBER 8 - FRIDAY, OCTOBER 10, 2025

(Clinical program schedule does not include optional social activities.)

WEDNESDAY, OCTOBER 8, 2025

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TIME	SESSION/EVENT	TITLE	SPEAKER
6:00PM - 7:00PM	REGISTRATION	REGISTRATION/HELP DESK OPEN	
6:00PM - 7:00PM	Welcome	SEE WHO'S HERE WELCOME - INFORMAL SOCIAL HOUR - RITZ CARLTON HOTEL	
		Dinner on Your Own	

TIME	SESSION/EVENT	TITLE	SPEAKER
8:00AM - 4:00PM	REGISTRATION	REGISTRATION/HELP DESK OPEN	
8:00AM - 9:00AM	BREAKFAST	CONTINENTAL BREAKFAST & NETWORKING	
9:00AM - 9:10AM	Opening Remarks	Welcome from TSM President	Timothy Hernandez, MD
9:10AM - 10:10AM	General Session 1	From Science to the Clinic: Foundations and Applications of Precision Medicine	Gerardo Jimenez-Sanchez, MD, PhD
10:10AM - 11:10AM	General Session 2	Bridging Stem Cell Biology and Precision Oncology: The INMEGEN Experience	Jorge Melendez-Zajgla, MD, PhD
11:10AM - 11:30AM	BREAK	BREAK	
11:30AM - 12:30PM	General Session 3	Breast Cancer Genomics in Mexican Patients: Insights and Opportunities for Better Clinical Care	Alfredo Hidalgo-Miranda, PhD
12:30PH - 1:30PH	LUNCH BREAK	LUNCH	
1:30PM - 2:30PM	General Session 4	Genome Editing for Precision Medicine: INMEGEN's CRISPR/Cas Applications	Jorge Melendez-Zajgla, MD, PhD
2:30PM - 3:30PM	General Session 5	Hot Topics in Precision Medicine: Panel Discussion	Gerardo Jimenez-Sanchez, MD, PhD Jorge Melendez-Zajgla, MD, PhD Alfredo Hidalgo-Miranda, PhD
3:30PH - 4:00PH	BREAK	BREAK	
4:00PM - 5:00PM	General Session 6	Clinical Applications of Long-Read Sequencing: Infectious Diseases, Rare Disorders, and Cancer	Alfredo Hidalgo-Miranda, PhD
		Dinner on Your Own	

TIME	SESSION/EVENT	TITLE	SPEAKER
8:00AM - 3:00PM	REGISTRATION	REGISTRATION/HELP DESK OPEN	
7:45AM - 8:40AM	BREAKFAST	CONTINENTAL BREAKFAST & NETWORKING	
8:40AM - 8:45AM	Welcome	Welcome from TSM President	Timothy Hernandez, MD
8:45AM - 9:15AM	General Session 7	The Genesis of Concierge Medicine in Texas	Mark Thornton, MD
9:15AM - 9:35AM	General Session 8	Genomics and ILD (Interstitial Lung Disease)	Anoop Nambiar, MD
9:35AM - 10:15AM	General Session 9	Updates in Micro Immunology and Influenza	Sabrina Martinez Anz, PhD
10:15AM - 11AM	BREAK	BREAK	
11AM - 11:50AM	General Session 10	Ancestry and Somatic Profile Predict Acral Melanoma Origin and Prognosis: Clinical Relevance	Daniela Robles Espinoza, PhD
1:50AM - 12:20PM	General Session 11	Medical Considerations in Facial Plastic Surgery	Jennyfer Faridy Cocco, MD
12:20PH - 1:30PH	LUNCH BREAK	TSM MEMBERSHIP - BUSINESS MEETING	
1:30PM - 2:00PM	General Session 12	"Oculoplastics: What is there to know"	Jose Luis Tovilla Canales, MD
2:00PM - 3:00PM	General Session 13 (Ethics)	"TMB's new rules. Is Texas the Wild West for Physician Extenders?"	Jennyfer Faridy Cocco, MD
3:00PM		Adjourn	

The highlight of the meeting awaits! The President's Dinner and Celebration - Mascarada de Muertos will bring Mexico's

culture, rhythms, and flavors to life with dinner, mariachis, and dancing late into the night.

Dress attire: festive cocktail with a cultural flair.

6:00PH - 11:00PH

PRESIDENT'S DINNER &

CELEBRATION

TSM 2025 FALL MEETING

SOCIAL TOURS
MEXICO CITY
OCT. 7-10. 2025

BEYOND THE MEETING:
YOUR PASSPORT TO MEXICO'S HISTORY
AND HEART.



TEXASSOCIETYOFMEDICINE.ORG

Experience Mexico Beyond the Meeting!

Your trip to Mexico City isn't complete without immersing yourself in its rich culture, history, and flavor — and our optional social tours make it effortless. Stroll the ancient ruins of Teotihuacán, float through the colorful canals of Xochimilco, explore the iconic Blue House of Frida Kahlo, and savor authentic Mexican cuisine in remarkable settings. These excursions are designed not only for members, but also for spouses and guests — offering unforgettable days of adventure and connection while physicians are engaged in the clinical program.

All social activity fees are inclusive per person — covering guides, tour support, meals, taxes, service charges, and gratuities. The only additional expenses are truly optional (such as photo rights at the Frida Kahlo Museum, souvenirs at the pyramids, or extra beverages). When you consider the expertise of our guides, seamless logistics, and the unique access provided, these tours offer exceptional value — and are the best way to experience the heart of Mexico together as a group.

Download the detailed Social Tour Itinerary on the TSM website.

Quick Glance schedules are provided in the registration brochure on the following daily tour descriptions.

What's Included in Every Tour

- Round-trip transportation from the Ritz-Carlton to each activity.
- Professional, bilingual guides (Spanish-English).
- Entry fees to all scheduled sites and attractions.
- Meals as listed (lunch and/or dinner), including all taxes and gratuities.
- Tips for tour guides and service staff already covered.
- Federal taxes (where applicable).
- Company handling fees included no hidden costs.
- Full-time supervision by Maritur DMC's trained staff, ensuring excellent service and quality standards.
- Vehicles equipped for comfort and safety, including air-conditioning, radio communication, cold bottled water, uniformed drivers, reclining seats, wide aisles, panoramic windows, and TV/microphone systems.



TUESDAY, OCTOBER 7 Historic Mexico City and Private Tour of Museo de Anthropologia \$520 pp





Grab breakfast at the Ritz-Carlton before heading into the cultural heart of the city. A guided tour of the Centro Histórico will take you through the historic Zócalo and the breathtaking Palacio de Bellas Artes, showcasing Mexico's artistic and architectural treasures. Lunch is included at Domingo Santo, where you'll enjoy a three-course menu of authentic Mexican flavors. In the evening, experience a private visit to the world-renowned Museo de Antropología, followed by dinner at Arango Restaurant, known for its contemporary cuisine and spectacular city views.

💡 All taxes, service charges, guide fees, and gratuities are included.



QUICK GLANCE:

9:15 am- Departure from Ritz-Carlton

10:00 am- Bellas Artes, Templo Mayor & Zócalo Tour

1:00 pm- Lunch at Domingo Santo Restaurant

3:00 pm- Return to Hotel

4:45 pm- Arrival at Museo de Anthropologia

6:00 pm- Private Tour of Museo de Anthropologia

7:00 pm- Dinner at Arango Restaurant

Food for Thought...

Lunch Menu at Domingo Santo:

- Aztec Soup
- Ribeye Tacos with pico de gallo
- Charcoal-broiled plantains with cajeta, walnuts & chocolate ice cream

Dinner at Arango includes:

- 2 hour open bar + 1 glass of Wine of the House
- No preset menu has been provided at this time.



WEDNESDAY, OCTOBER 8 Teotihuacán Pyramids with Lunch at La Gruta \$295 pp



Rise and shine as we embark on a guided excursion to the legendary Teotihuacán Pyramids. Stroll the Avenue of the Dead, marvel at the Pyramids of the Sun and Moon, and learn the history of one of the most influential civilizations in Mesoamerica. Afterward, dine at La Gruta, the famous cave restaurant nearby the pyramids, with a three-course lunch and beverages included. Transportation, professional guides, admission tickets, and gratuities are all covered. Optional extras (souvenirs, bottled water, or personal tips) are at your discretion.

💡 A once-in-a-lifetime chance to combine ancient history with extraordinary cuisine.



QUICK GLANCE:

8:00 am- Departure from Ritz-Carlton

9:00 am- Guided Tour of Teotihuacan Pyramids

12:30 pm- Lunch at La Gruta Restaurant (3-course meal w/ 2 drinks)

1:30 pm- Depart for Hotel (with probable Market stop on the way!)

4 pm- Arrive to the Ritz-Carlton
Dinner on your own*

Food for Thought...

Menu at La Gruta (choice per person) Includes:

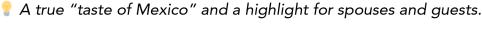
- Soups: Tortilla Soup / Fresh Corn Soup / Milpa Soup
- Main Course: Mole La Gruta / Pipian Chicken / Fajitas / Flank
 Steak / Chicken Mixiote / Tampico Platter
- Desserts: Amaranth Cake / Corn Cake / Custard La Gruta
- Drinks: 2 included (beer, soda, or water).
- Margaritas & Mezcalitas at extra cost. Might be a great time for a mezcal tasting!



THURSDAY, OCTOBER 9 Xochimilco Cooking Class - For Spouses & Guests \$395 pp



While physicians are in the clinical program, spouses and guests will enjoy a full cultural immersion in Xochimilco. Begin with a private ride along the colorful canals aboard a traditional trajinera boat, complete with festive music and flowers. Then take part in an interactive cooking class, where you'll learn to prepare guacamole, salsa, and handmade tortillas. Lunch is a lively taquiza buffet featuring traditional meat and vegetable stews, rice, beans, and fresh tortillas — accompanied by fruit waters, beer, and live marimba music. Transportation, class, ingredients, entertainment, taxes, and gratuities are all included.





QUICK GLANCE:

9:00 am- Departure from Ritz-Carlton

10:15 am- Canal Boat Ride to Venue

11:00am - 1:00pm- Cooking Class and Taquiza Lunch

1:15-2:00 pm- Return Boat Ride

3:30 pm- Arrive at Hotel

Dinner on your own*

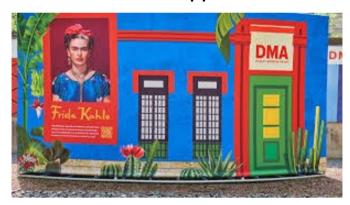
Food for Thought...

Xochimilco Cooking Class includes:

- Hands-on cooking (guacamole, salsa, tortillas)
- Taquiza buffet: 3 meat stews, 2 vegetable stews, rice, beans, tortillas
- Drinks bar with beer & fruit waters
- Live marimba music



FRIDAY, OCTOBER 10 Frida Kahlo Museum & Coyoacan Market Tour - For Spouses & Guests \$180 pp



Spend the morning exploring the life and art of Mexico's most iconic painter with a guided tour of the Frida Kahlo Museum (Blue House). Continue on to the charming district of Coyoacán, with its cobblestone streets, lively markets, and colonial architecture that embody the soul of Mexico City. An authentic tostada lunch at the market is included, offering a true taste of local flavor in one of the city's most vibrant settings. This experience combines culture, cuisine, and community for an unforgettable Friday adventure.

- Want to prepare for the experience? Watch the acclaimed film Frida (2002), starring Salma Hayek, for a moving look into the life and spirit of this remarkable artist.
 - 🦞 An inspiring mix of art, culture, and celebration to close your Fall Meeting experience.



QUICK GLANCE:

9:15 am- Departure from Ritz-Carlton

10:15 am- Tour of Frida Kahlo Museum

11:15 am- Coyoacan sightseeing & market visit, with Tostada Lunch

1:30 pm- Return to Hotel

2:30pm- Arrival to the Ritz-Carlton

Food for Thought...

Experience Coyoacan and Frida Kahlo:

- Extreme foodies will love authentic Coyoacan Tostadas
- Lunch includes 3 tostadas and 1 drink
- Stylish alfresco cafes and laid-back ice cream parlors along tree-lined streets









SAN MIGUEL DE ALLENDE EXPERIENCE

OCT. 11 - 14, 2025

Trip Overview

- Saturday, October 11: Depart the Ritz-Carlton via private motorcoach, enjoying a scenic 3-hour drive through Mexico's stunning highlands, coordinated by Maritur DMC.
- Lodging: While we couldn't secure a group rate, a curated list of top hotels and resorts in San Miguel is provided for you to book independently. Airbnb is also an option.
- Experience: Spend your time immersed in the beauty, art, rich culture, and romantic atmosphere of one of Mexico's most charming colonial cities - from artisan markets to architectural tours, wine tasting, and historic highlights.
- Hosts: Local TSM ambassadors Dan DeMarco (Past President) and Cara East will graciously serve as your in-town hosts, offering insider knowledge and recommendations. Once the group is set, we'll connect you.
- Tuesday, October 14: Suggested Departure from San Miguel to Queretaro International Airport - about a 90 minute drive. Direct flights to DFW and Houston are available. Maritur DMC can coordinate your transport.

WHAT TO EXPECT

This is more than a trip—it's an extension of our TSM community and connection in a magical destination. Plan to enjoy:

- Local galleries, artisan shops, and historic architecture
- Rooftop soirées, garden dinners, and intimate cultural encounters
- Personalized day trips, tastings, or spa time
- Warm camaraderie in a relaxed, enriching setting with fellow members

NEXT STEPS

Let us know if you'd like to join the San Miguel experience through the TSM Meeting Registration form and we will get you connected!







SAN MIGUEL DE ALLENDE EXPERIENCE

OCT. 11 - 14, 2025

SUGGESTED HOTELS

Live Aqua Urban Resort San Miguel de Allende (ALHI) <u>liveaqua.com/san-miguel-de-allende</u>

Just steps from the historic center, Live Aqua Urban Resort San Miguel de Allende blends colonial charm with modern luxury in a setting that is both stylish and deeply connected to its cultural surroundings. This five-star ALHI property is known for its avant-garde architecture, vibrant courtyards, and contemporary guest rooms designed with natural textures and artistic details. Guests can enjoy exceptional amenities including a heated outdoor pool, landscaped terraces, and the full-service Feel Urban Spa.

Dining is a highlight at Live Aqua, with multiple restaurants and lounges offering everything from refined Mexican cuisine to innovative international dishes. Every detail is thoughtfully curated to immerse visitors in the beauty and spirit of San Miguel.

While we were unable to secure a formal room block without significant food and beverage commitments, Live Aqua has been highly responsive and eager to work with TSM. For that reason, we are pleased to recommend Live Aqua Urban Resort as one of our top hotel choices for members and guests extending their Fall Meeting in San Miguel.

Numu Boutique Hotel, Unbound Collection by Hyatt

A stylish boutique hotel featuring a rooftop pool, spa, garden terrace, and an ideal location on the main square — perfect for an immersive city experience.

Casa de Sierra Nevada - A Belmond Hotel belmond.com/casa-de-sierra-nevada

A luxurious colonial-style retreat made up of historic mansions, courtyards, a renowned spa, and the celebrated Sazón cooking school.

Airbnb also offers many great options in San Miguel de Allende, from cozy colonial homes to modern lofts and spacious villas. Many are walkable to El Jardín and feature terraces, kitchens, and local charm — a flexible alternative for members and guests.

MASCARADA DE PRESIDENT'S DINNER AND CELEBRATION MUERTOS 2025 FALL MEETING

DINNER • MARIACHIS • DJ & DANCING • CULTURAL MASK CREATIONS • SURPRISES AT EVERY TURN



This is the evening TSM members, spouses, and guests look forward to every year — a time to connect, celebrate, and share in the friendships that make our society special. Inspired by Día de los Muertos, the night blends tradition with celebration: exquisite cuisine, live mariachis, and a DJ to keep the dance floor alive. Professional artists will be on hand for mask-inspired designs so you can fully embrace the spirit of the evening.

DRESS ATTIRE:
FESTIVE COCKTAIL WITH CULTURAL FLAIR

10 OCT

RITZ-CARLTON HOTEL, MEXICO CITY

6PM - 11PM