



2025

FALL MEETING
OCTOBER 6-10

RITZ-CARLTON, MEXICO CITY
TEXAS SOCIETY OF MEDICINE

(Formerly the Texas Club of Internists)

WWW.TEXASSOCIETYOFMEDICINE.COM

WELCOME TO THE 2025 FALL MEETING AT THE RITZ-CARLTON, MEXICO CITY

The Texas Society of Medicine is honored to invite you to the 2025 Fall Clinical Meeting in Mexico City — our very first meeting under our new name and vision for the future! This landmark gathering represents an exciting new chapter for our society, as we expand opportunities for education, collaboration, and connection.

Our program, curated by Timothy Hernandez, MD, TSM President and San Antonio District Chair, was shaped with honored Faculty and Precision Medicine Program Organizer, Gerardo Jiménez-Sánchez, MD, PhD (CEO, Genomica Medica – Founder, National Institute of Genomic Medicine {INMEGEN}). Together, they have built a world-class program highlighting genomics and precision medicine — education you won't find anywhere else.

This week is not only about education—it is about connection. From the scientific sessions to the unforgettable tours of Teotihuacán, Xochimilco, and the Frida Kahlo Museum, to the President's Dinner and Celebration – Mascarada de Muertos, you'll find countless opportunities to learn, share, and enjoy the richness of Mexico City.

We are excited to share this historic moment with you. Together, let's launch the Texas Society of Medicine into its next century of growth, collaboration, and excellence!

— The Texas Society of Medicine



HOTEL INFORMATION

Ritz-Carlton, Mexico City

Av. Paseo de la Reforma 509, Cuauhtémoc, 06500 Mexico City, CDMX, Mexico

<https://www.ritzcarlton.com/en/hotels/mexrz-the-ritz-carlton-mexico-city/overview/>

Check in: 4pm | **Check out:** 11am

GROUND TRANSPORTATION

TSM recommends coordinating your airport transfer to the hotel with MARITUR DMC. TSM has contracted with Maritur for TSM social tours and has confidence in their professionalism.

For Maritur DMC, contact Alberto Tlahuel, Maritur Sales Mgr (atlahuel@maritur.com) to make your transfer arrangements. *If you have not already pre-arranged your return transportation, please contact Maritur or the hotel concierge for options and fees.*

TRANSFER FEES can range anywhere from \$335 (for an 8 pax Private Van) to \$125 (for a 2 pax Private Sedan) one-way, plus gratuities and fees.

RITZ-CARLTON CONCIERGE

For additional transportation options, contact the Ritz-Carlton Concierge at: Concierge.RCMX@ritzcarlton.com

QUESTIONS OR CONCERNS?

We are here to help! Contact Laura Weiss, TSM Executive Director, at Laura@texassocietyofmedicine.org or via mobile phone at 1+512-773-3230 (text preferred.)

DISCOUNTS AND CONCESSIONS FOR TSM HOTEL GUESTS

TSM negotiated several concessions for the 2025 Fall Meeting at the Ritz-Carlton. Please be sure to mention that you are with the Texas Society of Medicine group when taking advantage of these special discounts.

- Complimentary use of all Health SPA facilities: Sauna & Indoor Pool
- 15% off at SAMOS Restaurant
- 15% off Carlotta Sky Bar
- 20% off on SPA Treatments
- Special Group Rate available 2 days prior/after official dates.
- Special charge of \$150 USD for Club Lounge access per day (original rate of \$300 USD.)

Mexico City also adds VAT and City Tax where applicable.

💰 What "VAT" Means: VAT stands for Value Added Tax. It's essentially the equivalent of a sales tax but applied at each stage of production and service.

🇲🇽 Current VAT Rate in Mexico

The standard VAT (IVA) rate in Mexico is 16%.

This applies to:

- Hotel room charges
- Meeting room rentals
- Catering / food & beverage (in most cases)

Many service-based invoices (like AV, decorators, or production vendors)

ACCREDITATION STATEMENT:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Texas Medical Association and the Texas Society of Medicine. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION STATEMENT:

The Texas Medical Association designates this live activity for a maximum of 11 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOW TO OBTAIN YOUR CME:

Additional instructions will be emailed to all attendees following the meeting on how to self-claim your CME through the Texas Medical Association and the Knowledge Center.

SPEAKER DISCLOSURE LISTING

Policies and standards of the Texas Medical Association, the Accreditation Council for Continuing Medical Education, and the American Medical Association require that speakers and planners for continuing medical education activities disclose any relevant financial relationships they may have with commercial entities whose products, devices or services may be discussed in the content of the CME activity. *** All relationships have been mitigated. ***

SPEAKERS

Following speakers have no relevant financial relationships to disclose:

Sabrina Anz-Martinez, PhD

Jennyfer Faridy Cocco, MD

Jose Clemente Ibarra Ponce de Leon, MD, PhD

Alfredo Hidalgo-Miranda, PhD

Timothy Hernandez, MD

Jorge Meléndez-Zajgla, MD, PhD

Berenice Palacios, PhD

Daniela Robles Espinoza, PhD

Mark Thornton, MD

Jose Luis Tovilla Canales, MD

The following speakers have relevant financial relationships to disclose:

• **(Speaker and Planner) Gerardo Jimenez-Sanchez, MD, PhD:** CEO (executive role). Genómica Médica offers genetic testing services in Mexico. All tests are standard, non-proprietary assays approved by national regulatory authorities; none are unique products of the company. This presentation is academic, non-promotional, and independent of company services. Genomica Medica, CEO (Executive Role).

• **Anoop Nambiar, MD:** Speaker's bureau, consultant, research grants (Boheringer-Ingelheim); Research grant (Daewoong Pharma); Consultant (United Ther.); Research grant (Bristol-Myers-Squibb)

PLANNERS

Following activity planners have no relevant financial relationships to disclose:

Timothy Hernandez, MD

Laura Weiss

TSM 2025 Fall Meeting - Ritz-Carlton Hotel, Mexico City

WEDNESDAY, OCTOBER 8 - FRIDAY, OCTOBER 10, 2025

(Clinical program schedule does not include optional social activities.)

WEDNESDAY, OCTOBER 8, 2025				
TIME	SESSION/EVENT	TITLE		SPEAKER
6:00PM - 7:00PM	REGISTRATION	REGISTRATION/HELP DESK OPEN		
6:00PM - 7:00PM	Welcome	SEE WHO'S HERE WELCOME - RITZ-CARLTON HOTEL - CARLOTTA BAR		
		Dinner on Your Own		

THURSDAY, OCTOBER 9, 2025				
TIME	CME minutes	SESSION/EVENT	TITLE	SPEAKER
8:00AM - 4:00PM		REGISTRATION	REGISTRATION/HELP DESK OPEN	
8:00AM - 9:00AM		BREAKFAST	CONTINENTAL BREAKFAST & NETWORKING	
9:00AM - 9:10AM	10	Opening Remarks	Welcome from TSM President	Timothy Hernandez, MD
9:10AM - 10:10AM	60	General Session 1	From Science to the Clinic: Foundations and Applications of Precision Medicine	Gerardo Jimenez-Sanchez, MD, PhD
10:10AM - 11:10AM	60	General Session 2	Breast Cancer Genomics in Mexican Patients: Insights and Opportunities for Better Clinical Care	Alfredo Hidalgo-Miranda, PhD
11:10AM - 11:30AM		BREAK	BREAK	
11:30AM - 12:30PM	60	General Session 3	Clinical Applications of Long-Read Sequencing: Infectious Diseases, Rare Disorders, and Cancer	Alfredo Hidalgo-Miranda, PhD
12:30PM - 1:30PM		LUNCH BREAK	LUNCH	
1:30PM - 2:30PM	60	General Session 4	Stem Cell Biology and Genome Editing in Precision Oncology: The INMEGEN Experience	Jorge Melendez-Zajgla, MD, PhD
2:30PM - 3:30PM	60	General Session 5	Hot Topics in Precision Medicine: Panel Discussion	Gerardo Jimenez-Sanchez, MD, PhD Jorge Melendez-Zajgla, MD, PhD Alfredo Hidalgo-Miranda, PhD
3:30PM - 4:00PM		BREAK	BREAK	
4:00PM - 5:00PM	60	General Session 6	Gut Microbiota and Precision Medicine: New Insights for Healthy Aging	Berenice Palacios, PhD
			Dinner on Your Own	

TSM 2025 Fall Meeting - Ritz-Carlton Hotel, Mexico City

WEDNESDAY, OCTOBER 8 - FRIDAY, OCTOBER 10, 2025 (page2)

(Clinical program schedule does not include optional social activities.)

FRIDAY, OCTOBER 10, 2025

TIME	CME minutes	SESSION/EVENT	TITLE	SPEAKER
8:00AM - 3:00PM		REGISTRATION	REGISTRATION/HELP DESK OPEN	
7:30AM - 8:30AM		BREAKFAST	CONTINENTAL BREAKFAST & NETWORKING	
8:30AM - 8:35AM	5	Welcome	Welcome from TSM President	Timothy Hernandez, MD
8:35AM - 8:55AM	20	General Session 7	The Genesis of Concierge Medicine in Texas	Mark Thornton, MD
8:55AM - 9:15AM	20	General Session 8	Genomics and ILD (Interstitial Lung Disease)	Anoop Nambiar, MD
9:15AM - 9:45AM	30	General Session 9	Updates in Micro Immunology and Influenza	Sabrina Martinez Anz, PhD
9:45AM - 10:35AM	50	General Session 10	Current Myths and Reality of the Use of Stem Cells and Regenerative Medicine Strategies in Orthopaedics	José Clemente Ibarra Ponce de León, MD, PhD
10:35AM - 10:50AM		BREAK	BREAK	
10:50AM - 11:50AM	60	General Session 11	Ancestry and Somatic Profile Predict Acral Melanoma Origin and Prognosis: Clinical Relevance	Daniela Robles Espinoza, PhD
11:50AM - 12:20PM	30	General Session 12	Gatekeeper or Gamechanger? The Internist's Role in Plastic Surgery Patients	Jennyfer Faridy Cocco, MD
12:20PM - 1:30PM		LUNCH BREAK	TSM MEMBERSHIP LUNCHEON & BUSINESS MEETING	
1:30PM - 2:00PM	30	General Session 13	Oculoplastics: What is there to know	Jose Luis Tovilla Canales, MD
2:00PM - 3:00PM	60	General Session 14 (Ethics)	TMB's new rules. Is Texas the Wild West for Physician Extenders?	Jennyfer Faridy Cocco, MD
3:00PM			Adjourn	
6:00PM - 11:00PM		RECEPTION & PRESIDENT'S DINNER & CELEBRATION	TSM 2025 PRESIDENT'S DINNER AND CELEBRATION <i>~ Mascarada de Muertos</i> The highlight of the meeting awaits! <i>The President's Dinner and Celebration – Mascarada de Muertos</i> will bring Mexico's culture, rhythms, and flavors to life with dinner, mariachis, and dancing late into the night. <i>Dress attire: festive cocktail with a cultural flair.</i>	

SOCIAL TOURS MEXICO CITY

OCT. 7-10, 2025

BEYOND THE MEETING:
YOUR PASSPORT TO MEXICO'S HISTORY
AND HEART.



TEXASSOCIETYOFMEDICINE.ORG

Experience Mexico Beyond the Meeting!

Your trip to Mexico City isn't complete without immersing yourself in its rich culture, history, and flavor — and our optional social tours make it effortless. Stroll the ancient ruins of Teotihuacán, float through the colorful canals of Xochimilco, explore the iconic Blue House of Frida Kahlo, and savor authentic Mexican cuisine in remarkable settings. These excursions are designed not only for members, but also for spouses and guests — offering unforgettable days of adventure and connection while physicians are engaged in the clinical program.

All social activity fees are inclusive per person — covering guides, tour support, meals, taxes, service charges, and gratuities. The only additional expenses are truly optional (such as photo rights at the Frida Kahlo Museum, souvenirs at the pyramids, or extra beverages). When you consider the expertise of our guides, seamless logistics, and the unique access provided, these tours offer exceptional value — and are the best way to experience the heart of Mexico together as a group.

Download the detailed Social Tour Itinerary on the TSM website.
Basic Itinerary is included in the onsite booklet.

What's Included in Every Tour

- Round-trip transportation from the Ritz-Carlton to each activity.
- Professional, bilingual guides (Spanish–English).
- Entry fees to all scheduled sites and attractions.
- Meals as listed (lunch and/or dinner), including all taxes and gratuities.
- Tips for tour guides and service staff already covered.
- Federal taxes (where applicable).
- Company handling fees included — no hidden costs.
- Full-time supervision by Maritur DMC's trained staff, ensuring excellent service and quality standards.
- Vehicles equipped for comfort and safety, including air-conditioning, radio communication, cold bottled water, uniformed drivers, reclining seats, wide aisles, panoramic windows, and TV/microphone systems.



TSM 2025 FALL MEETING ~ SOCIAL TOURS ~ MEXICO CITY ITINERARY

TUESDAY, OCTOBER 7 - FRIDAY, OCTOBER 10, 2025

(Times are estimated for planning purposes and may be slightly adjusted. Traffic may also impact some arrival times.)

TUESDAY, OCTOBER 7, 2025 ~ Centro Historico and The National Museum of Anthropology

TIME	ACTIVITY
9:15AM	Departure from Ritz-Carlton
10AM	Arrival to Bellas Artes
10AM - 1PM	Bellas Arte, templo Mayor and zocalo Tour
1PM - 2PM	Lunch at Domingo Santo Terrace
2:15PM	Departure from Domingo Santo Terrace
3PM	Arrival to the Ritz-Carlton
	DOWN TIME AT THE HOTEL
4:40PM	Departure from Ritz-Carlton
5PM	Entry to The Museum of Anthropology
5:15PM - 6PM	Self-Guided Tour of The National Museum of Anthropology - with gift shop time
6PM - 7PM	Private Tour of The National Museum of Anthropology
7PM	Departure from the Museum to Arango
7:30PM - 9:30PM	Dinner at Arango Restaurante
10PM	Return to the Ritz-Carlton

WEDNESDAY, OCTOBER 8, 2025 ~ Teotihuacán Pyramids and Lunch at The Groto

TIME	ACTIVITY
9AM	Departure from Ritz-Carlton
10AM	Arrival to Teotihuacán
10AM - 12PM	Guided Tour of Teotihuacán Pyramids
12:10PM	Departure from Teotihuacán
12:30PM - 1:30PM	Lunch at La Gruta
1:30PM	Departure from La Gruta
1:45PM - 2:30PM	Possible Market Stop
2:30PM	Departure to the Ritz-Carlton
4PM	Arrival to the Ritz-Carlton
6PM-7PM	See Who's Here Welcome ~ Social Hour at the Ritz-Carlton
	Dinner on Your Own

TSM 2025 FALL MEETING ~ SOCIAL TOURS ~ MEXICO CITY

ITINERARY cont.**TUESDAY, OCTOBER 7 - FRIDAY, OCTOBER 10, 2025***(Times are estimated for planning purposes and may be slightly adjusted. Traffic may also impact some arrival times.)***THURSDAY, OCTOBER 9, 2025 ~ Xochimilco Cooking Class (For Spouses/Guests)****TIME****ACTIVITY**

9AM

Departure from Ritz-Carlton

10:15AM

Arrival to Xochimilco

10:15AM - 11AM

Motor boats ride to venue

11AM - 1PM

Xochimilco Cooking Class Experience

1:15PM - 2PM

Motor boats ride to pier

2:15PM

Departure to the Ritz-Carlton

3:30PM

Arrival to the Ritz-Carlton

Dinner on Your Own (Clinical Meeting to Adjourn at 5pm)**FRIDAY, OCTOBER 10, 2025 ~ Frida Kahlo Museum & Centro Coyoacan (For Spouses/Guests)****TIME****ACTIVITY**

9:15AM

Departure from Ritz-Carlton

10:15AM

Arrival to Frida Kahlo Museum

10:15AM - 11AM

Frida Kahlo Tour

11AM - 11:15AM

Transfer to Coyoacan

11:15AM - 1:15PM

Coyoacan Tour with Cultural Tostada Lunch

1:30PM

Departure to the Ritz-Carlton

2:30PM

Arrival to the Ritz-Carlton

DOWN TIME AT THE HOTEL (Clinical Meeting to Adjourn at 3pm)**6:00PM - 11:00PM****TSM 2025 PRESIDENT'S DINNER AND CELEBRATION****~ Mascarada de Muertos**

The highlight of the meeting awaits! **The President's Dinner and Celebration – Mascarada de Muertos** will bring Mexico's culture, rhythms, and flavors to life with dinner, mariachis, and dancing late into the night. **Dress attire: festive cocktail with a cultural flair.**

WE LOVE YOU MORE THAN COOKIES.

THANK YOU TO OUR 2025 FALL MEETING FACULTY!

MASCARADA DE MUERTOS 2025 FALL MEETING

DINNER • MARIACHIS • DJ & DANCING • CULTURAL MASK CREATIONS • SURPRISES AT EVERY TURN



This is the evening TSM members, spouses, and guests look forward to every year — a time to connect, celebrate, and share in the friendships that make our society special. Inspired by Día de los Muertos, the night blends tradition with celebration: exquisite cuisine, live mariachis, and a DJ to keep the dance floor alive. Professional artists will be on hand for mask-inspired designs so you can fully embrace the spirit of the evening.

DRESS ATTIRE:
FESTIVE COCKTAIL WITH CULTURAL FLAIR

10
OCT

**RITZ-CARLTON HOTEL,
MEXICO CITY**

6PM - 11PM



EMPOWERING EDUCATION THROUGH GENEROSITY HONORING OUR 2025 GRANT PARTNERS

THE TCI FOUNDATION

Through the generosity of its donors, the TCI Foundation continues to elevate physician education across Texas.

Its unwavering support makes it possible for the Texas Society of Medicine to deliver high-quality programming and professional growth opportunities to our members.

The TCI Foundation's ongoing commitment reflects a shared dedication to advancing medical education and strengthening our statewide community of physicians.

THE DR. CLARK R. GREGG FUND - Texas Health Resources Foundation

We gratefully acknowledge the Dr. Clark R. Gregg Fund for its generous \$15,000 educational grant, supporting the Frontiers of Genomic Medicine presentations at this year's Fall Clinical Meeting.

This partnership helps TSM bring leading-edge education and research to the forefront of member learning and collaboration.

We are deeply thankful for this support, which enables innovation and excellence in medical education.

Together, we advance the mission of TSM — fostering education, connection, and excellence in medicine across Texas and beyond.